

At the same time that we live in an increasingly connected world, at the same time that we describe our planet as a "global village" whose inhabitants can communicate with each other with one "click", we leave many local communities cut off from the basics services that significantly determine their standard of living. This category includes medical services. The fact that communities of our Municipality, such as the villages of Petroto, Mesaio, Philadelphia, Neochorouda, Pentalofos, have difficult access to the city cannot mean that they will be deprived of the critical medical care they so desperately need. The "RemoteCARE" cross-border program in which we participate as a Lead Beneficiary comes to overcome geographical barriers, not only to provide the necessary medical and pharmaceutical services to the residents of these areas, but also to remove the feeling of isolation of these people that has prevailed for years. This goal will be achieved through the development of fully equipped mobile medical units that will visit patients at regular intervals and record their history and data.



**Pantelis Tsakiris**  
Mayor of Oraioakastro

#### Project Beneficiaries



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**Interreg**   
**Greece-Bulgaria**  
**RemoteCARE**  
European Regional Development Fund

#### Remote Healthcare Service Provision

The project RemoteCare is co-funded by the European Regional Development Fund (ERDF) and national funds of the countries participating in the Cooperation Programme INTERREG V-A "Greece-Bulgaria 2014-2020"



#### Objectives of the project

The main goal of the project is to provide health services in isolated areas. One of the pillars of the formation of the health system in Greece is the provision of medical services by the municipalities.

Thus, the project, among other things, gives the opportunity to consider this form of intervention. In addition, the cross-border approach will enable the company to evaluate and compare the provision of basic medical services by a local authority and a hospital, and then draw useful conclusions about the future.

#### Project activities

In the framework of the project "RemoteCARE" will be jointly implemented by all beneficiaries through parallel & integrated activities and it is divided in 6 well-structured thematic Work Packages, each of which concerns an integrated and complete group of activities.

**WP1:** Project Management & Coordination

**WP2:** Communication & Dissemination

**WP3:** Establishment of a common strategy & road map for the establishment of the mobile health units

**WP4:** Procurement of equipment

**WP5:** Pilot operation & training for the services to be provided by the mobile health units

**WP6:** Evaluation and future planning for the services of the mobile health units

#### Expected outputs of the project

The proposed expected outputs are tangible and measurable, relating to the project activities and objectives. According to the work packages and to activities that the project contain, the expected outputs are the following:

- 1) Decrease of the number of hospital admissions and consequently decrease of secondary and tertiary health costs
- 2) Protection of vulnerable social groups from hospital infections and provision of information to these groups about self-management techniques to handle their own health situations
- 3) Improvement of the psychological condition of vulnerable social groups
- 4) Improvement of the quality of life for the habitats of the rural areas
- 5) Promotion of prevention and early diagnosis
- 6) Reduction of health care costs
- 7) Training of the caregivers and health professionals to incorporate a professional responsible attitude and to handle ICT smart devices
- 8) Collection and production of the documentation procedure of the patients' medical history and the medical treatments they received from the mobile unit.
- 9) Developments of a feasibility study of the mobile health units.
- 10) An interregional MoU and forming the starting points for further joint actions.

# Interreg

## Greece-Bulgaria

### RemoteCARE



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**Remote Healthcare Service Provision**

**RemoteCARE**

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